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DEPARTMENT OF HUMANITIES

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Embodying Personas: Impersonating Personalities Activity

On the 2nd of August 2023, the Department of Humanities at JAIN College organised its first Cultural Assembly, bringing together both 1st and 2nd PUC students. The assembly commenced with the delivery of current news by the students.

Marjorie covered International news, followed by Arya with the National news, and Chinmayi presented the state news. This news presentation served to inform students about the happenings around them and sparked insightful discussions, providing a platform for students to share their opinions and views. Following this, an engaging activity titled 'Persona' was organised.

Both 1st and 2nd PUC students were given the opportunity to impersonate or enact influential personalities, challenging the audience to identify the characters portrayed. The students went all out, dressing up to make their acts as authentic as possible. The acts ranged from personalities like Rahul Gandhi to Virat Kohli.

The students participated in this activity with great enthusiasm and interest and helped them exhibit creativity, imagination and observation.





Breathing Life into History

Practising Creative Learning Approaches

Within the essence of learning, lies a world beyond the ordinary, where education is not confined to classroom walls and lectures. We embrace a different perspective at the Humanities Department, JAIN College. We believe that learning is more than just teachers teaching and the students listening. While history might not be everyone's favourite, it's a gateway to our past that shapes the understanding of our present.

To teach history to students without making it dull requires a dedicated effort. With this in mind, our teachers pondered, 'Why not have students present topics from their textbooks using creative approaches that benefit both themselves and their peers?' The students took this assignment up passionately, preparing attractive PowerPoint presentations and crafting their own props. Their enthusiasm led to the creation of an engaging and informative learning experience.

The students were grouped into teams of six, each tasked with presenting a civilisation. Through thorough research, they delved into the details of their chosen civilisation, exploring all its aspects. Each team showcased the assigned civilisation in unique and engaging ways. For instance, the Egyptian civilisation came to life through a captivating play featuring a time-travelling explorer who stumbles upon Mesopotamian history.

This imaginative portrayal was accompanied by a PowerPoint presentation and props such as pyramids, the flowing River Nile, authentic artefacts, and a student taking on the role of the Mother of Gods.

The vibrancy of the Chinese civilisation was represented as the students shared insights into the economic and social conditions, art and architecture of the era. Moreover, they breathed life into a fading art form by presenting a narrative through shadow puppetry.

Next in line was the Mesopotamian civilisation. The team prepared a detailed presentation to throw light on the civilisation's historical journey, supported by interesting videos and handcrafted props. A Science and Mathematics quiz was incorporated, highlighting the Mesopotamians' notable contributions to these subjects.

The impact of these group presentations goes beyond mere learning; they foster an environment where textbooks come alive. Through engaging teamwork, students experience the joy of learning and the growth that stems from taking on responsibilities. This dynamic combination of education and enjoyment remarkably amplifies their academic journey.

Wielding Wellness: The Commencement of Medha Yoga Programme

On the 24th of July, we embarked on the Medha Yoga Level One Programme. The programme spanned four days, under the guidance of our insightful instructors, Hunar and Richa, we experienced a profound transformation that has left an indelible impact on our lives.

Day 1 commenced with an engaging arm wrestling activity, where we were challenged to give our 100 percent effort. This exercise taught us the invaluable lesson of always putting our best foot forward in all endeavours.

Following the activity, we delved into breathing exercises and experienced the transformative Sudarshan Kriya, accompanied by the soothing voice of Sri Ravishankar. The emotional release during this session left us feeling rejuvenated and connected.

Day 2 unfolded with a thought-provoking activity, where we personified television channels, learning the importance of being “button-proof” and not allowing others to control us. After an enlightening discussion, we revisited the Sudarshan Kriya, once again benefitting from its cathartic effects.

On **Day 3**, we engaged in a game of catch, where we learned the significance of acknowledging and understanding our negative emotions instead of simply discarding them. This powerful lesson demonstrated the importance of emotional introspection and growth. Ms. Richa then introduced us to Surya Namaskar, followed by aura cleansing and honey meditation, further deepening our spiritual practice.

Day 4, the final day, began with organising a similar event online, enabling us to apply all that we had learned. Through group discussions and



brainstorming sessions, we honed our skills and ideas. We then concluded the programme with Surya Namaskar, aura cleansing, honey meditation, and sharing of the heartfelt experiences and emotions of all participants. The Medha Yoga Level One Programme was an unforgettable experience with the profound guidance of Mr. Hunar, Ms. Richa, and the Art of Living Center. They helped us explore new dimensions of our physical and emotional selves.

The programme has left an enduring impact on our lives, and we carry forward the lessons learned, applying them to every aspect of our existence. With newfound wisdom and appreciation for the art of living, we embark on our paths with renewed vigour and determination.



Encouraging Bespoke Communicators: Daffodil's Toastmasters Speechcraft Programme

At JAIN College, we embrace a student-centric approach to learning. Our ideology revolves around providing students with opportunities for meaningful peer interactions, facilitating knowledge exploration and infusing elements of fun into the learning process. This ideology came to life through the Speechcraft session that we organised for our students.

The Daffodil Toastmasters; Speechcraft Programme represents a transformative journey, specifically designed to empower young minds in communication and leadership. These Speechcraft sessions proved to be enlightening in numerous ways, guided by distinguished mentors from the Toastmasters Club.

Our students engaged in comprehensive and enjoyable sessions covering a range of important topics, including speech evaluations, voice modulation, effective speech delivery, mastering stage presence and body language, and the art of enhancing speeches through props and visual aids.

At the conclusion of this enriching 7-week journey, certificates and trophies were awarded acknowledging their hard work and leaving them with valuable skills, cathartic experiences and cherished memories. The programme played a pivotal role in shaping the students as communicators and leaders of tomorrow.



Celebrating Consistent Contributions: Assembly for Felicitation of Accomplished Students

On the 16th of August, there was an assembly to felicitate accomplished students. This gathering brought together both 1st and 2nd PUC students. Devi, the Vice Class Representative, hosted the Assembly session.

The assembly commenced with a news segment. Sanvi from 1st PUC delivered the State news, Srusti from 2nd PUC presented the National news, and Jiyaa, also from 2nd PUC, covered international news. The students not only reported the latest headlines but also had thought-provoking discussions.

Mr. Sudhanshu, lecturer of Political Science, then initiated the main event of the day- the Felicitation Ceremony. Ms. Pooja was invited to present certificates to four outstanding students, Mrinal, Chinmayi, Dhriti, and Anurima, who participated in the Model United Nations (MUN) conducted by Jain Heritage School. These students also shared their enriching experiences and the valuable life lessons they gained from their participation in MUN, inspiring their fellow students to explore new horizons.

Subsequently, Ms. Shakthi, lecturer of Sociology, handed over tokens of appreciation to Sushmitha, Michelle, Jiyaa, and Krupa for their exceptional fundraising efforts, presented to them by U&I. Their dedication and hard work served as an inspiration to all.

As the assembly neared its conclusion, Ms. Vandana, lecturer of History, announced the best and most dedicated student of Humanities. Prateek from 1st PUC was awarded this prestigious title for consistently pushing boundaries and striving for excellence.

This assembly was conducted to reiterate the feeling of belonging and achievement and motivating others to put in their best to be considered for such similar recognition in the future assemblies.